Mammoth Lakes: 4-Day Outdoor Adventures Itinerary

From volcanic landscapes and alpine lakes to rugged backcountry trails and adrenaline-filled adventures, Mammoth Lakes is an outdoor playground waiting to be explored. Here's a four-day itinerary packed with unforgettable experiences for every nature and adventure enthusiast.

Day 1 – Discover Mammoth's Volcanic Landscape



- Did you know? Mammoth Mountain sits atop an ancient volcanic landscape. Drive 40 minutes from The Village to explore the volcanic landscapes of **Mono Lake** on a **guided kayak tour** with Caldera Kayaks, paddling among iconic tufa towers while discovering the region's million-year-old volcanic history.
- Venture into the Owens River Headwaters Wilderness, following forest trails through untouched backcountry. You can check current trail conditions and download a map on the **AllTrails** page.

Day 2 – Alpine Lakes & Fall Colours



- Drive 15 minutes to **Coldwater Campground** and hike the **Heart Lake Trail** (2.3 miles round trip, easy to moderate). The trail winds through colourful aspen groves to a heart-shaped alpine lake, making it one of Mammoth's best fall hikes for beginners. This is also a perfect photo-op stop.

- Continue to **Sherwin Lakes Trail** (5 miles round trip, moderate), rewarding hikers with panoramic mountain views and a peaceful alpine lake. You can check current trail conditions and download a map on the **AllTrails** page.

Day 3 – Off-Road Adventure



- Pick up an **ATV** from **Bishop Motosports** and spend the day exploring the **Owens River–Hot Creek Road** or **Deadman Creek Trail**, both within 20–30 minutes of Mammoth.

- These rugged backcountry routes showcase volcanic landscapes, hidden meadows and spectacular Sierra scenery that few visitors experience.

Day 4 – VIP Sierra Nevada Experience



- Challenge yourself with a guided rock-climbing session at **Clark Canyon**, located just 15 minutes from Mammoth, with routes suitable for beginners and experienced climbers alike. Book the experience through **57Hours**.

- Alternatively, experience Mammoth's world-class terrain on the **Mammoth Mountain Bike Park**, offering more than 80 miles of lift-served trails for every skill level. Book your bike through various centres like **Tamarack Bike & Paddle.**

From volcanic landscapes and alpine lakes to scenic trails and unforgettable backcountry adventures, Mammoth Lakes offers endless opportunities to reconnect with nature and experience the Eastern Sierra at its most spectacular.